



Cleeve Meadow School

New Year Newsletter

November 23
to February
2024

Welcome from the Head of School

What a fantastic and busy winter term we had and I feel we have really held true to our core purpose 'To prepare students for their life journey enabling them to reach their potential to be confident, independent, thoughtful and ambitious young adults.' We have seen students make huge leaps in their ambition for themselves and the confidence that they have to step out into the unknown. This has been apparent in the student college visits, their fantastic engagement with our whole school careers day, students talking to the DfE about their hopes for their qualifications at the end of Key Stage 4 and 5 and the eagerness of students to join activities and visits in the community.

Over the last term we have offered a rich and varied set of experiences in the school. I always enjoy taking visitors around the school as the learning activities in class are so diverse and students are so wholeheartedly engaged. My favourite experience of the year is walking around the school seeing students hard at work making a huge range of crafts for the Christmas fair, which was a huge success and we raised £378!

It did feel at times that I was walking around Santa's workshop. The fair has become a significant entrepreneurial event at Cleeve Meadow and an important community event to mark the end of the year.

Cleeve Meadow is starting to attract external visitors who want to come and see our practice. So far this year we have been able to show off our approaches to developing reading in the school, our Skillsbuilder programme, our ACE programme, our new initiative called 'Commando Joe,' our Scouting programme, our new food technology room and we were invited to speak at the BETT Education Show about how we have implemented our Maths competitions.

It is the ideas and creative energy that staff bring to their workplace which makes this school such an exceptional place to work. Staff are inspired to go the extra mile because of the amazing energy that we gain from our students and their willingness to give things a go.

Thank you to all our families for their unwavering support as always. We hope you all had an enjoyable festive season but it has been great to have the school back in action with busy classrooms and enrichment activities. Now we have another week to recharge our batteries, ready for what Spring has to offer!

Ms Morris
Head of School

Half Term - 12th to 15th February
Inset Day - Thursday 28th March into the Easter Holidays
Students return 15th April 2024



International Day

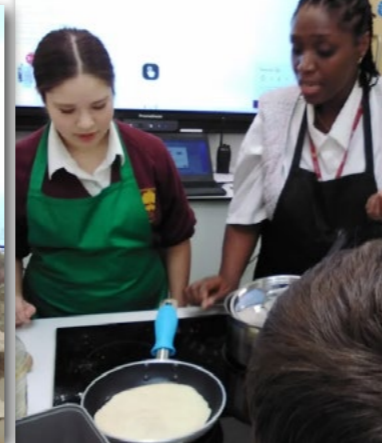
Cleeve Meadow held their first International Day on 22nd November. Students took part in a wide variety of activities from around the world, and all students (and staff!) had a wonderful day.

Poland

Mrs Wilgocka and Mrs Magda, came in wearing traditional Polish clothes and brought in a range of Polish snacks for students to try. Students learned Polish colour vocabulary and made bracelets



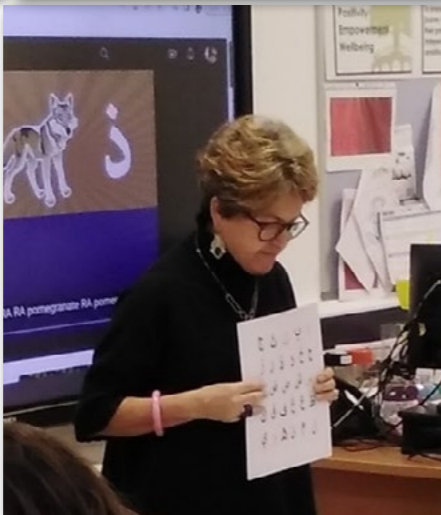
Mrs Balogun worked with groups to create lentil dahl and flat breads - these went down very well with the students who tasted them!



A teacher from Kemnal Technology College visited and taught Arabic lessons to students.,

Arabic and its different dialects are spoken by around 422 million speakers (native and non-native) in the Arab world making it one of the five most spoken languages in the world.

Students learned the Arabic alphabet and wrote their names in Arabic.



Kwame from African Adventures came in to give drumming lessons to all students.



Mrs Bakewell led Line dancing lessons, and students learned a line dance to Cotton Eye Joe, which some students then presented in assembly.

A line dance is a choreographed dance in which a group of people dance along to a repeating sequence of steps while arranged in one or more lines or rows.

Line dancing is practiced and learned in country-western dance bars, social clubs, dance clubs and ballrooms.



Other activities during the day included Japanese lessons from Mrs Morris, a flag treasure hunt, art sessions - creating international patterns, international quizzes, and learning songs in Turkish.

Silent Disco 2023

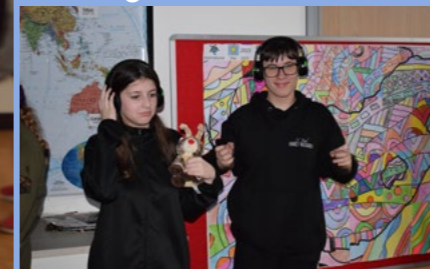
Cleeve Meadow held their first Silent Disco. Our year 11 and 10 students planned this event. They worked hard together to make this the successful event it was. All our students enjoyed themselves and said that they would love to have another silent disco.

A big thank you - To all the staff and students for helping make our silent disco lots of fun and an enjoyable morning and afternoon.



I would like to wish you all a Merry Christmas and Happy Year.

Mrs Sargent



Key Stage 4 & 5 End of Term Celebration Assembly

There has been lots to celebrate at the end of this term...

Embarking or continuing with new courses and qualifications

- International Day
- Careers Day
- Visits to Woodlands Farm, Whitstable, Colleges, Danson Watersports, Foal Farm, Salon International and various life skills trips
- Appointing new year 11 prefects
- Making applications for Key Stage 5
- GCSE Art mocks
- Christmas jumper day for charity
- Christmas Fair



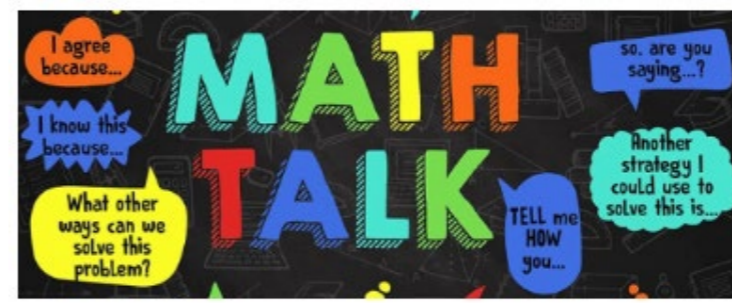
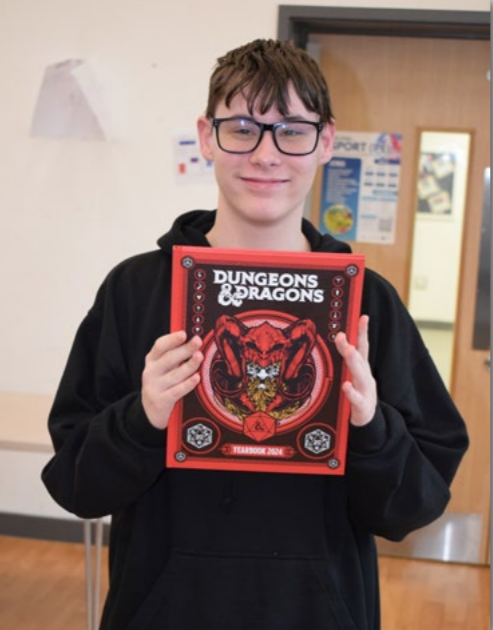
... all in addition to the great effort, hard work, progress and achievements made within lessons across the curriculum!

I was really pleased to present so many certificates awarded by subject teachers and hear about all the fantastic work going on. A huge well done, we are very proud of you all! Seeing so many students with awards for 100% attendance was also wonderful, Well done to Edward for winning the attendance raffle!

Thank you to Mrs Simmonds and Mrs Haynes for organising the reading and maths awards and well done to all the raffle prize winners! Congratulations also go to Jaylen class who were the recipients of the behaviour award - for the most positive behaviour points across Key Stage 4 and 5.

During the assembly, we were entertained by Aliamin, Alfie and Franklyn on the drums - what talented musicians we have at Cleeve Meadow, such brilliant performances, thank you, boys!

No doubt next term will be just as action packed as the Autumn has been... I wonder how you will surprise and surpass yourselves this time?!



As we all know, Mathematics is a vital part of our day to day lives.

We are using maths skills from the moment we wake up until the moment we go to sleep.

The Maths Department would like to encourage students to develop a more growth mind-set approach to their lessons, especially with the language that they are using when faced with a challenge.

Instead of ...	Try Thinking ...
I'm not good at this	What am I missing?
I can't do this	I'm going to train my brain
I give up	I'll try a different strategy

We do understand that Maths has not always been a positive experience, even for some adults, but if we can change the way we speak about maths, then hopefully we can change how our students approach mathematical problems day to day. We want them to make mistakes with us and be ready to take the steps together to fix those mistakes.

In other news, our blue raffle ticket system is fully up and running. Students can earn a blue raffle ticket by:

- Completing and handing in homework
- Contributing within lessons
- Completing their '2 a day' Freckle Fact Practice
- Answering challenge questions in class and on our displays
- Completing a Star-Test

All raffle tickets will go into an end of term draw and the winner will receive a prize during the celebration assembly.

New Year 11 Prefects!

We are proud to present our first prefects at Cleeve Meadow School:

- Tia - Isabella - Timothy - Barry - Sammie - Ruby - Maria
Sara - Savannah - Edward - Franklyn**



The role of prefect is an important one and the students listed above have accepted a position of great responsibility.

They:

- Are ambitious role models for other students to aspire to
- Show high standards of behaviour, effort, courtesy, uniform and attendance
- Demonstrate our school values: Positivity, Empowerment, Wellbeing
- Represent and are a spokesperson for the school, e.g. leading school tours, greeting visitors, etc.
- Support younger students
- Help supervise break and/or lunch times
- Carry out duties as directed by staff when student representatives are required

We look forward to our new prefects, Developing leadership skills, Developing communication and interpersonal skills, Developing organisational skills, Gaining confidence, Having a significant influence on the daily life of our school, Gaining a valued experience which can be added to their CVs



Latin America comes to Cleeve Meadow.

This February KS3 took part in a fabulous Samba drum lesson and demonstrated their natural Samba rhythms.



Educational Visits Autumn 2023

It has been an extremely busy term for educational visits and trips! There have been a grand total of 28 outings across various year groups - that's approximately two a week, sometimes more!!

Year 12 have been on visits to practise road safety, the Library, Local shops, the Morrisons Cafe, Metro Bank Orpington and Ruxley Manor Garden Centre, all as part of their Offsite Life Skills lessons. Students have visibly gained in confidence and independence. Mrs Bakewell has taken them to Bexley Learning and Enterprise College as well to explore their options after their time at Cleeve Meadow.

Year 11 classes and been out and about on visits to support various courses and qualifications. The Land Studies class have been to Woodlands Farm to put into practise the skills they have learnt. The Uniformed Services class have ventured onto the water for a day's kayaking and bell boating for their unit on outdoor adventurous activity at Danson Lake. Mrs Bakewell has organised visits to London South East College (Bexley) and Shooters Hill College to explore their options for Key Stage 5 and beyond.

Year 10 have equally been on visits to support their qualifications. The Public Services class have been to Footh Cray Meadows for litter picking, Whitstable for a beach cleaning project and Foal Farm to volunteer with the animals, while the Hair and Beauty class visited the Salon International exhibition.

Trips covering mixed year groups have included a visit to Sidcup High Street as part of the ACE programme and students taking bikes that they have refurbished to the Bike Project charity.

We are very proud of our students and the way they conduct themselves while out of school. The value of these visits is clear by the amount of knowledge, skills and understanding that students can demonstrate as a result of taking part. But these visits would not have been possible without the staff who have organised them, so a huge thank you to them too!

We look forward to a variety of educational visits in the new year!

Mrs Southby

Year 12 begin the Duke of Edinburgh's Award

This term, year 12 have enrolled on the Duke of Edinburgh's Award, a recognised mark of achievement; respected by employers. It'll be an opportunity to discover new interests and talents and develop essential skills for life and work.

Our year 12s will be working on their Bronze Duke of Edinburgh's Award, in which there are four sections:

Volunteering - Physical - Skills - Expedition

Achieving the Award isn't a competition or about being first. It's all about setting personal challenges and pushing personal boundaries. Through a DofE programme young people have fun, make friends, improve their self-esteem and build confidence. They gain essential skills and attributes for work and life such as resilience, problem-solving, team-working, communication and drive, enhancing CVs and university and job applications. Top employers recognise the work-ready skills Award holders bring to their business.



We look forward to seeing our year 12s progress through the programme to achieve their Awards! **Good luck year 12!**



Shakespeare's Globe Visits Cleeve Meadow

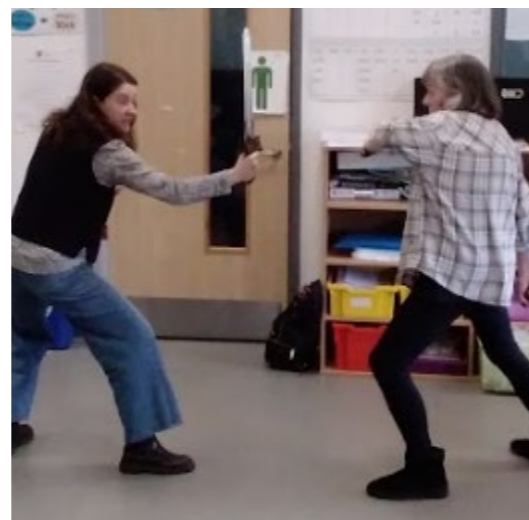


We recently had a fantastic visit from actors and actresses from Shakespeare's Globe Theatre. They hosted a workshop for our year 9 students, making learning about Shakespeare fun and engaging. During the workshop, our students got to act out scenes from the famous play "Romeo and Juliet." The actors taught them how to understand the characters and their feelings, bringing Shakespeare's words to life.

This experience was more than just a lesson—it was a chance for our students to explore acting and storytelling in a new way. It showed them that they can be confident performers and enjoy literature at the same time.

We're thankful to Shakespeare's Globe for this amazing opportunity. It's experiences like these that inspire our students and make learning unforgettable.

Mr Arslan, Teacher of English, Ms Bennett, Head of English



Reading Round-up

At Cleeve Meadow School, this term has been packed with reading activities. We've organised competitions throughout the term, and all year groups have been participating in the weekly reading cup competition.

We are excited to announce that we have partnered with our local Co-op store in Albany Park to be part of their community fund for this academic year. We aim to restock our Little Lunchtime Library for the Summer months so that every student can access reading material during unstructured time in the school day. If you are a Co-op member, we kindly request your support in selecting Cleeve Meadow School as your choice to help us achieve this initiative.

This term, we have implemented the Reader Leader programme by The Children's Literacy Charity in our school. This is a reading scheme for secondary school students where the Year 7 and 8 pupils (Readers) are guided by students in years 10-12 (Leaders) for 18 weeks or more. During the training day, Cleeve Park students also participated and all students were awarded a certificate and badge for their involvement. The Leaders have conducted three sessions so far, and it's delightful to see that everyone is enjoying the programme. The best part is that our students are making new friends across different year groups while enhancing their reading skills.



Reading is an indispensable skill that plays a pivotal role in the success of our students at Cleeve Meadow School. It boosts their knowledge, sharpens their minds, and helps them excel in various aspects of life. Over the Christmas Break, we had an exciting Bingo Challenge at school, where students could win a £10 Amazon voucher.

I hope everyone had a Merry Christmas and a Happy New Year, and I we are having another busy Spring term.

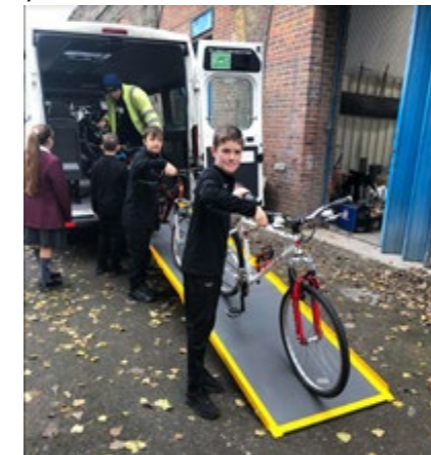
Mrs Simmons, Literacy Lead



Cleeve Meadow Bike Project Delivery

On the morning of the 21st November Cleeve Meadow Bike Mechanics from Year 7 delivered our latest set of bikes to The Bike Project at Deptford. We have renovated quite a variety of bikes this term, ranging from two really tiny child bikes with stabilisers through a couple for older children to several full size adult bikes. Perhaps our bikes will be suitable for an entire family!

As usual, the lovely people at The Bike Project gave us a bunch of bikes in need of our TLC to bring back to school, and these are now safely stored away to be worked on in the weeks ahead. Hopefully we'll have enough bikes ready for our next trip sometime in the early Spring. In the meantime, if you are interested in the work of The Bike Project, feel free to visit their website



at www.thebikeproject.co.uk They also have a very active and well-stocked bike shop in Camberwell, so if you are looking for a good-quality second-hand bike why not have a look at what's on offer?

At Cleeve Meadow Bike Workshop we are always looking to receive bike donations, so if you are in your shed or garage and find yourself tripping over that old bike you've been meaning to move on but having yet got round to it, we'd be happy to receive it.



Cleeve Meadow Eco-reps

Did you have a very Merry SUSTAINABLE Christmas!!

We all know that climate change and the state of the environment is a big issue for our world. Here are just a few things our reps did over Christmas to be as sustainable as possible:



- **Quality not quantity** - Consider giving fewer gifts that are of better quality - this will save waste and they should last longer.
- **Give the gift of an experience** - this reduces the demand for resources. You could give tickets for a show or event, gift a homemade meal or service or a day out at a National Trust, for example.
- **Try to use materials that are more sustainable** - recycled paper, avoiding single use plastics, second hand items, refurbished technology etc.
- **Buy items that have little or no packaging.**
- **Wrap gifts in reusable bags or fabric, avoid using plastic ribbons, foil and glittery papers or tapes.**
- **Avoid food waste** - plan meals ahead, be realistic about how much food you need and use up leftovers.
- **Try plant based alternatives occasionally**
- **Buy and eat seasonal and local produce** - it'll save the energy needed to transport foods from around the world.
- **Have sustainable Christmas crackers on your festive table** - avoid those with plastic toys, or make your own.
- **Use LED lights on your Christmas tree** - they use less energy and last longer. Switch off at night to lower costs and it's safer!
- **Make your own or upcycle decorations, cut up last year's Christmas cards to make new ones this year.**
- **Christmas party clothes** - wear what you already have or buy second hand.

We hope you had a very merry *sustainable* Christmas

Mrs Southby

Careers Day 2023

Careers day at Cleeve Meadow this year was a huge success. We invited various companies into school to run sessions with our students. They were fortunate enough to experience a wide range of expertise from these guests and were given an insight into the day-to-day running of their job and students also had the opportunity to ask questions.

These were the:

**Army - Police - London Underground - Bike Mechanic - Lighting and Design
Framestore - Hospitality**

We also had some sessions being led by our teachers talking about other careers and jobs they have had in the past:

Retail - Football/Jobs within the football community - Food and Catering - College Visits

As year 11 are nearing the next stages of their education, a visit to London South East College and Shooters Hill College was arranged.

Students were given the opportunity to visit LSEC and Shooters Hill College to have a tour of the classrooms, speak with the SEND coordinator regarding suitable courses and discuss career options with myself.

This was a great opportunity for our students to experience a morning in a college environment and have the chance to ask questions with the college teachers.

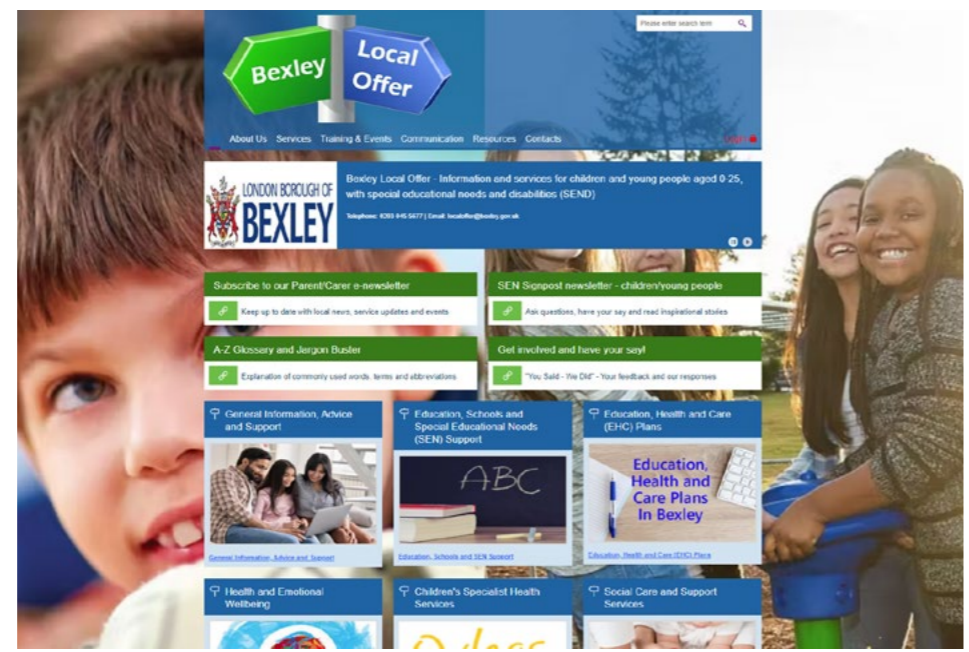
I would also like to thank Clifford Galea from London South East College for taking the time to visit us here at Cleeve Meadow to host a coffee morning with our year 10 and 11 parents.



Bexley Local Offer

Have you heard of the Bexley Local Offer? Bexley Local Offer is an information and services for children and young people aged 0-25, with special educational needs and disabilities (SEND).

<https://www.bexleylocaloffer.uk/>



Updated list of College Open Events

	<p>Shooters Hill College Wednesday 24th January 2024 Wednesday 13th March 2024 Thursday 13th June 2024 (All 4.30pm - 6.30pm)</p>	<p>020 8319 9707 https://www.shc.ac.uk/inclusive.learning@shc.ac.uk Prospectus: https://issuu.com/shsfc/docs/prospectus_2425?fr=xKAE9_zU1NQ</p>
	<p>LSEC Bexley Thursday 22nd February 2024 Tuesday 25th June 2024 Bromley Saturday 24th February 2024 Wednesday 26th June 2024 Greenwich Tuesday 20th February 2024 Saturday 29th June 2024 (Weekdays: 5pm - 7.30pm Saturdays: 10am - 1pm)</p>	<p>020 3954 4000 https://www.lsec.ac.uk/studenthub@lsec.ac.uk Nido Volans Coffee Mornings 10-11am: Thursday 18th January 2024 Wednesday 31st January 2024 Thursday 22nd February Thursday 7th March Thursday 21st March Thursday 25th April</p>
	<p>NKC Tuesday 20th February 2024 3.30pm - 7.30pm</p>	<p>01322 629400 www.northkent.ac.uk/about-us/our-campuses/dartford-campus</p>
	<p>Learning and Enterprise College Bexley</p>	<p>020 3045 5176 www.lecb.ac.uk</p>
	<p>Capel Manor College Saturday 23rd March 2024 Saturday 22nd June 2024 10am - 3pm Advice Evenings: 10th Jan (virtual), 25th April, 21st May</p>	<p>020 8676 0870 www.capel.ac.uk</p>
	<p>ADO River Valley Contact to make a visit</p>	<p>020 8850 6778 http://www.adorivervalley.co.uk/education@adoservices.co.uk</p>
	<p>SupaJam Contact to make a visit</p>	<p>01322 660 845 https://www.semmuk.com/swanley-outreach@supajam-education.org</p>

LONELINESS ONLINE:

What Causes It and Ways to Feel Better

Have you ever been online and felt a little bit lonely? In a recent study, 14% of 10–12-year-olds said they often felt lonely, so you're not the only one who sometimes feels that way. We spoke to a group of children and teenagers, who told us some of the things that make them feel isolated when they're online.

CAUSES OF LONELINESS ONLINE

-  Seeing photos or videos of friends having fun without me
-  Being excluded from group chats or games with friends
-  Friends or family not replying to texts or answering my calls
-  People being unkind to me online
-  When friends leave my group chat



WHAT CAN YOU DO?

So if these things happen to you and you start to feel down, what can you do? The same young people also told us how they make themselves feel less lonely when they're online – and we've collected some of their advice to share with you.

- Tell a friend or a trusted adult that you feel lonely
- Watch funny videos of cats and pandas
- Watch yoga videos and do some exercises
- Play single-player games you enjoy
- Listen to happy music
- Listen to your favourite audiobooks
- Send nice messages to your friends and family
- Play games with friends who you trust, if they're online too

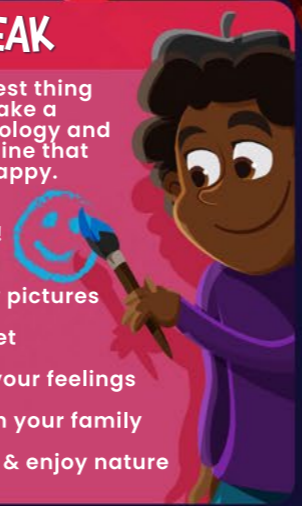


TAKE A BREAK

Sometimes the best thing you can do is to take a break from technology and do something offline that makes you feel happy.

Here's what our group suggested!

- Paint or draw pictures
- Play with a pet
- Write about your feelings
- Hang out with your family
- Get outdoors & enjoy nature



FURTHER SUPPORT

Remember, it's normal to feel a bit lonely sometimes – but if it's really upsetting you, and you have no-one to talk to, you can call Childline for free on

0800 1111



If you would like to talk to your child at home about career opportunities and apprenticeships, take a look at these websites for ideas and support.

www.apprenticeships.gov.uk/influencers/support-for-parents-and-guardians

www.talkingfutures.org.uk

College trips

Year 11 and 10 have been out this term looking at local colleges. Year 11 had the opportunity to visit North Kent College, where they had a tour of the Dartford campus and got to see all the courses they were interested in. The students really enjoyed their visit and enjoyed seeing all the different courses available.

Year 10 had their first visit to London South East College in Erith, they also received a tour of the college and got to see the students in action in some of their lessons. The students had a chance to have question and answer time with Ellie who is the Bexley transition and support coordinator. Our year 10 students also had a great time and it gave them an insight into a day in the life of a college student.



Cleeve Meadow students joined in with other schools across the country to celebrate national apprenticeships this week. The students found out about what apprenticeships can offer and many more.

All students engaged with activities in their form time from taking quizzes, watching video clips, conversations with their teachers and booklets to complete. It's been a great way for our students to take part and learn more about apprenticeships.

We also have an interactive board where students can use their phones at the end of the day to click on the QR code and look into apprenticeships they may be interested in such as catering, childcare, plumbing, hairdressing and many more.



Costa Coffee Trip

Year 12 students were lucky enough to have a second visit to Costa coffee in Sidcup last week. The team at GOLDEX who we have linked up with, offered the students a practical session to make hot and cold drinks using their barista machine. The students in year 12 are currently taking a barista course at Cleeve Meadow, so to have the opportunity to head down to our local Costa coffee shop and use the machines was a great experience. A big well done to our students for being super confident to get up and make the drinks in front of the GOLDEX team.

Mrs Bakewell
Careers Lead



DUNGEONS & DRAGONS

Something different this edition - Mr Mountain interviews our home-grown Dungeon Master "George"



M: George, you are Cleeve Meadows first home-grown Dungeon master, how does that feel?

G: It feels pretty good!

M: What drew you to being a dungeon master rather than JUST a player?

G: The thrill of building the story and seeing the smile on the player's face

M: Now you'd been playing with us at Cleeve Meadow for a few years but do you play anywhere else too?

G: I play outside of school too, the difference of playing at home vs school is very different. At home we go harder, I play with my uncle and we take it serious but at school it's much more chill.

M: Do you prefer serious over chill?

G: I like a mix of both, it varies. High stakes and consequences can be thrilling but you've got to be able to relax too.

M: What's your favourite thing to prepare for your players?

G: Something unexpected, like a cliff-hanger! It's fun because they always ask what's going to happen next and I like to leave them on 'Read'

M: Do you always have something prepared for a game or do you have make something up on the fly?

G: You never know when the players will go and do something and you have nothing prepared to deal with it. When that happens I try to pull something out of my pocket, a challenge or something from the Monster Manual to keep them on their toes.

M: What's the most interesting thing that's happened in your games so far?

G: There was a door that was locked, barricaded on the other side from the players. And one of them said he wanted to unlock it, I said "Well, no its barricaded from the other side." and he said "yeah, but this door looks pretty stupid, maybe it doesn't know that"

I told him to roll real high if he was going to.

He rolled a natural 20.

I shrugged and said "you successfully open the door; it wasn't very hard to trick it"

M: How does it feel when the impossible happens? You've been planning for ages, the puzzle goes here, that part fits in there, here's a part that's impossible to do anything but you just used as part of the scenery and yet... 'Definitely won't happen' becomes 'that just happened'?

G: The first thought is "ON NO!" *laughs* It's like "Ok, cool. This might not work it might work, hopefully it turns out for the best" But you just have to go with the flow.

M: What was the time that gave you the most absolute panic from the players and their actions?

G: Oh, it's got to be when they were in a fight and players are all higher levels so their Health points are quite high. But suddenly their all down to 4HP and I'm worried about to kill off their characters! They survived though, I'm not sure how but I'm relieved.

M: How was it when you first started DM-ing, how did you feel about it?

G: Nervous, I was very nervous because I didn't fully know what to do, but I picked it up quickly with a lot of help from Mr Mountain and patience from my players. Ms Willis is always there for emotional support too.

M: What's your favourite monster to use?

G: Oh it's got to be Goblins, they are easy to kill but always annoying and I love seeing the players face when I reveal another group of them are there and about to ruin their day.

M: What's your favourite moment from your most recent games?

G: Oh that has to be when Sophie got everyone to throw her character into a room to distract the Grinch (It was a Christmas special) and you know, that worked, someone flying into the room is pretty distracting! At first I didn't know why she did that but I remembered back when I was just a player I had her and my team mates fling me into a room for a similar reason and I was like "Aww, you remembered!"

M: What are you hoping to do next as a DM, what's the next milestone for you?

G: I want to do more things for the characters individually, so they have their own growth and story. I know one player has a LOT of ideas for her character's history and plans, I want to be able to give everyone that chance to be the hero of their own story too.

M: My penultimate question, if you had one wish for the games in the new year what would it be?

G: To have a game where no one got a 20 on a roll! They all get Natural 20s all the time. I'm like 'Roll to see if you can be stealthy or solve this riddle and then 'BAM' and I'm left thinking "Oh no, my plan!" They aren't even cheating; they are just that lucky.

(Mr Mountain can confirm that Joe once rolled 3 natural 20s in a row. Mrs Morris has so far declined any requests for a field trip to Vegas)

M: And finally, have you enjoyed your time DM-ing so far?

G: I really, really have, can't wait for more.

George has been Dungeon master for Group A in Dungeons and Dragons for the whole of this term and all of his time leading the game so far will be going towards his DofE Bronze award.

Mr Mountain, Table Top Games Lead



Christmas Fair 2023

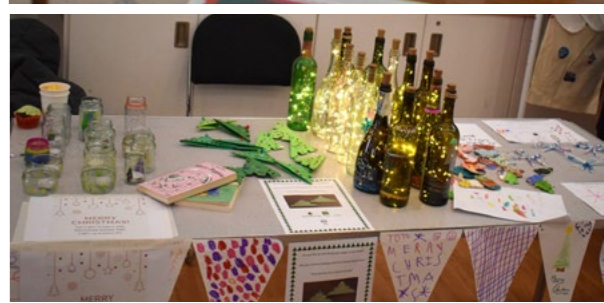
Cleeve Meadow's annual Christmas fair was once again a huge success. Our students made a selection of Christmas items to sell from Wooden reindeer's, bracelets, tree decorations, paper folded ornaments, delicious cookies and many more.

We had games made by the students from guess where Santa is around the world, tin can alley to how many sweets in the jar and many more. Our tombola stall was once again a big hit not only by the students but by families and staff. I would like to thank anyone who contributed towards the tombola and also donations to sell at the fair.

Congratulations to all our lucky winners in the raffle, all winners have been announced and prizes handed out.

I would also like to thank the parents who joined us at our Christmas craft afternoon. It was lovely to see you all join us for an afternoon craft session and a mince pie or two. Your contribution towards the fair was greatly appreciated. One last thank you - To all the staff, students, parents and carers for making our fair lots of fun and an enjoyable morning full of Christmas cheer. I hope you all had a Merry Christmas,

Mrs Bakewell





We are preparing for our first Ofsted inspection and although there is no known inspection date, it is likely to be in within the next 12 months, and possibly before this school year closes.

Ofsted makes use of the Parent View questionnaires to gain an impression of the school; this is especially important in how schools support students with SEND. We welcome feedback from parents and would be grateful if you could take some time to answer the questions.

Please visit the Parent View webpage below and follow the links to the parent questionnaire. <https://parentview.ofsted.gov.uk/>. Thank you.

Mental Health and Crisis Support

The reality of financial worries, family pressures, unpredictable weather, and restrictions whilst managing your child's disability can lead to further stress and anxiety for everyone.

Here is a reminder of some important mental health contacts and links to services that will be operating at any time should you need any support or advice. Have a great Half Term and stay safe everyone!

Family Lives Helpline: 0808 800 2222 (confidential support for parents and carers) www.familylives.org.uk

<https://www.thecalmzone.net/>

Support for males who are experiencing suicidal thoughts and self-harm

<https://youngminds.org.uk>

Brilliant website for young people and those who support young people experiencing mental health concerns. Lots of advice and guidance relating to lockdown and managing anxiety around Covid-19

<https://www.autism.org.uk/what-we-do/help-and-support/helpline>

<https://www.koothplc.com/our-products/young-people>

Mental health app for young people to chat and text professionals about mental health issues.

<https://www.thesilverline.org.uk/>

Friendship and support for older people who feel isolated .

<https://careservices.bexley.gov.uk/Services/1598>

Support for LGBTQ families within Bexley

<https://metrocharity.org.uk/youth/metro-shine>

Support for young people questioning their identity and other LGBTQ issues

<https://nopanic.org.uk/>

No Panic supports those who experience panic attacks, OCD, Phobias and other related anxiety disorders.

<https://mindinbexley.org.uk/>

Local support for those living with mental health conditions. Over 18's service, for children and young people look at the young minds website.

<https://careservices.bexley.gov.uk/Services/819>

Support for anyone affected by rape and sexual abuse

<https://blacklivesmatter.uk/>

Support for black people facing discrimination and prejudice within the UK

<https://www.bexleyvoice.org.uk>

Check out Bexley voice for mental health support groups including (Crisis Café 6pm-10-pm) and Tea and Talk workshops for parents/carers of children with special needs.

<https://www.samaritans.org/branches/bexley/>

24 hour advice and support if you need to talk. Someone will always listen.

<https://www.papyrus-uk.org/>

Offer support for young people or for anyone worried about a young person who may be thinking about suicide

www.childline.org

24-hour helpline 0800 1111 support for under 19's call, email or chat online for any concerns.

www.bexleydomesticabuseservices.org.uk

Support affected by those experiencing domestic abuse.

<https://www.solacewomensaid.org/news/solace-bexley>

Legal and supportive advice for women experiencing domestic abuse



Cleeve Meadow School

020 8269 6523

enquiries@cleevemeadow-tkat.org

www.cleevemeadow-tkat.org