



Cleeve  
Meadow  
School

10 November 2021

Dear Parent/Carer

**Coffee Morning Wednesday 8<sup>th</sup> December 2021 - 9.30 am**

**Autism and Anxiety: A Workshop with Dean Beadle.**

Cleeve Meadow are delighted to announce that Autistic Advocate and presenter Dean Beadle will be coming to our school to run a workshop for parents and carers on the theme of managing autism and anxiety.

This workshop will be the first of many celebrating the talent and expertise of the Autistic community and how we can empower our students through learning about their own diversity and disability.

In this workshop Dean looks at why anxiety is so prevalent for autistic young people and looks at ways to support them through it. He also looks at the concept of autistic joy and the power of engaging in that with your child.

Dean Beadle has spent 17 years touring the UK delivering conference keynotes, parents' talks and school inset sessions sharing his experiences of being autistic. He has also spoken in Ireland, Denmark, Germany and Belgium as well as completing four seminar tours of Australia and New Zealand.

He is also a writer and singer and in November 2020 released his first song with the neurodivergent band Aukestra called 'Me And Your Normal Are Done'. A song that celebrates difference and defies society's obsession with conformity.

We would like to invite you to a coffee morning for parents/carers of students at Cleeve Meadow School. Simply drop in at 9.30 am for a coffee and to meet Mr Beadle to ask questions, share ideas and meet other parents/carers.

Please complete the return slip and return to the Cleeve Meadow School office to confirm your attendance

Yours sincerely

**Juliet Morris**  
**HEAD OF SCHOOL**

[www.cleevemeadow-tkat.org](http://www.cleevemeadow-tkat.org)

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Bexley Lane, Sidcup,  
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Head of School: Ms J Morris  
Executive Head Teacher: Mrs A O'Donnell  
Company Registration Number: 6455757



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Please complete and return this slip to the Cleeve Meadow School office

**Autism and Anxiety - A Workshop with Dean Beadle.**

Parent/Carer Name: .....

Student's Name and year: .....

I / we are able to attend the coffee morning on 8<sup>th</sup> December 2021 at 9.30 am

Number of people attending: .....

I / we are unable to attend

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