



Message from the Head of School

Head of School,

We have had so much going on this term at Cleeve Meadow, it has been hard to keep up! In class students been taking on diverse and challenging learning activities including Shakespeare (The Tempest and Romeo and Juliet), population growth in Geography, the Holocaust in History, the weather in French and Computer Aided Design in technology. Outside of class we have had a wealth of activities.

This term it has really felt that we are the school we want to be. As Head of School I have hugely enjoyed witnessing the motivation and excitement from the students as they engage in their enrichment activities, set off on trips or join in the host of Super Goal activities we had on site including game design and stop motion animation.

We have had something new happening every week and new ideas for trips and visits are coming thick and fast. I am especially looking forward to the trip to Hackney Empire that is planned for this week for our Dance Club to see the students of LMA perform. We were delighted to get our special invite from the Principle Mrs Jenni Maher. I also cannot wait for the year 8 pizza cooking experience and our outdoor learning day being planned for later in the summer term.

This week students also took part in a career based STEM day where they learnt about careers related to Engineering and Mechanics delivered by staff from The IMechE Team. I was impressed to see the construction skills being demonstrated by our students and these link well with one of our new career partners 'Wates Construction' who are supporting some of our year 10 students to develop their confidence in working within the construction industry.

Finally and by no means least our fantastic football students have also been causing a ripple in the local community and I was delighted to receive this email from Charlton Athletic football club:

Good morning!

I just wanted to let you know that at the weekend 4 of your students played in the final tournament of the season for their club - Charlton Athletic Ability Counts. Ralph, Albie, Samuel and Alifie. Their hard work all season was rewarded with a medal at the presentation ceremony at the end of the tournament.

Also, Albie's team - with the help of his fantastic goalkeeping skills and positive attitude to drive his team mates, won the league!

They have been amazing all season, attended every training session, and played in all the tournaments, this takes real dedication and commitment. It has been an absolute joy to coach these players this season, their attitudes, character and positivity is truly inspiring. I've learnt more from them than they have from me. They are a real credit to themselves, their families and to the school.

I hope those of you who could join us for the Jubilee Party enjoyed yourselves, it is great to be able to welcome the families of our students into our amazing school. Enjoy the May Break and look forward to starting the new term with our students on Monday 6th June.

Ms Juliet Morris, Head of School



LONELINESS ONLINE:

What Causes It and Ways to Feel Better

Have you ever been online and felt a little bit lonely?
In a recent study, 14% of 10–12-year-olds said they often felt lonely, so you're not the only one who sometimes feels that way. We spoke to a group of children and teenagers, who told us some of the things that make them feel isolated when they're online.

CAUSES OF LONELINESS ONLINE

-  Seeing photos or videos of friends having fun without me
-  Being excluded from group chats or games with friends
-  Friends or family not replying to texts or answering my calls
-  People being unkind to me online
-  When friends leave my group chat

WHAT CAN YOU DO?

So if these things happen to you and you start to feel down, what can you do? The same young people also told us how they make themselves feel less lonely when they're online – and we've collected some of their advice to share with you.

- ✓ Tell a friend or a trusted adult that you feel lonely
- ✓ Watch funny videos of cats and pandas
- ✓ Watch yoga videos and do some exercises
- ✓ Play single-player games you enjoy
- ✓ Listen to happy music
- ✓ Listen to your favourite audiobooks
- ✓ Send nice messages to your friends and family
- ✓ Play games with friends who you trust, if they're online too

FURTHER SUPPORT

Remember, it's normal to feel a bit lonely sometimes – but if it's really upsetting you, and you have no-one to talk to, you can call Childline for free on

0800 1111

TAKE A BREAK

Sometimes the best thing you can do is to take a break from technology and do something offline that makes you feel happy.

Here's what our group suggested!

- ✓ Paint or draw pictures
- ✓ Play with a pet
- ✓ Write about your feelings
- ✓ Hang out with your family
- ✓ Get outdoors & enjoy nature



Reading Update

I am really impressed with how the students have engaged in reading across the curriculum this term. As a whole school, this academic year students have read 1.8 million words and completed 1900 quizzes. Can they reach 2 million words by the end of July?



Home Connect is now up and running, so please make sure you are logging in and checking your young persons' progress against the targets that have been set for them. Please contact the school office if you require a copy of their login details.

The little lunchtime library has been out on the playground this term. It has been popular with those students who like to sit down and engage in different types of reading material. Pop up books, interactive books, Top Trumps and comics are just some of the reading material they have access to. At Cleeve Meadow, we promote a love of reading and the students have enjoyed reading together and playing reading games at unstructured times.

On behalf of the school, I must thank you all for your continued support with reading. Please encourage your young person to read for 15 minutes every night over the half-term break. We can then reach that 2 million word target by July.

Happy Reading!

Mrs Simmons



Defibrillator Donation

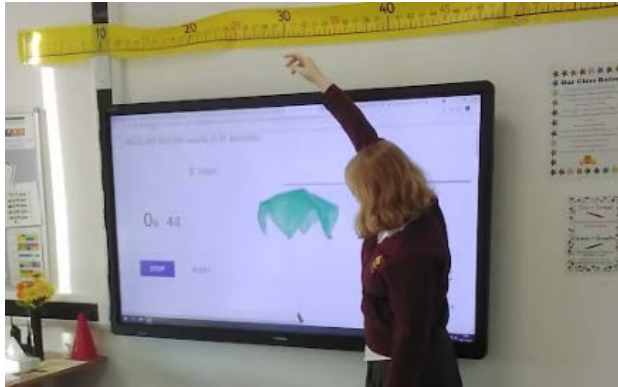
We are delighted to announce that Cleeve Meadow has been gifted with a Defibrillator. This has been kindly donated by the province of West Kent Freemasons.

The defibrillator will be registered with the National Defibrillator Network and added to the centralised network for easy access in the community in case of emergencies.

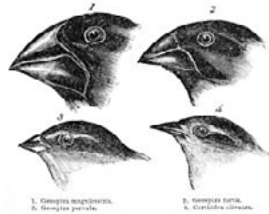




Students have enjoyed lots of practical experiments in Science so far...



Investigating air resistance and materials with parachutes



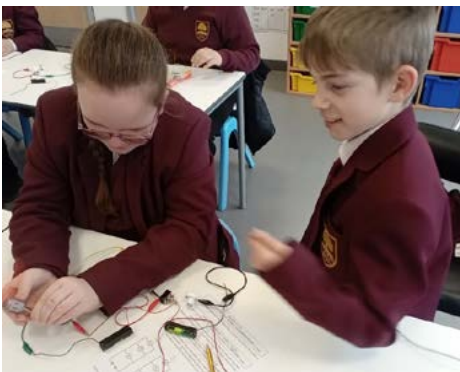
Investigating how finches' beaks were adapted to eat, based on Charles Darwin's theory on natural selection



Melting and dissolving with marshmallows and hot chocolate

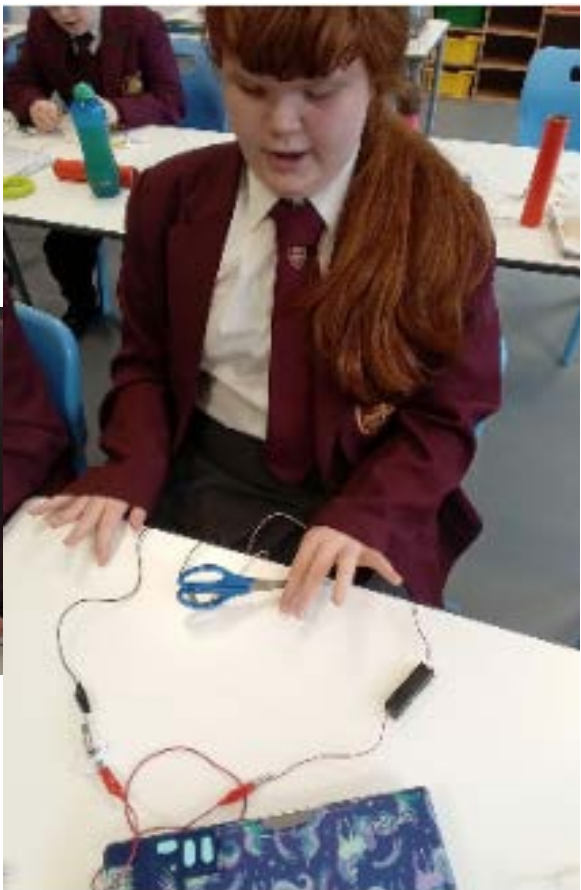
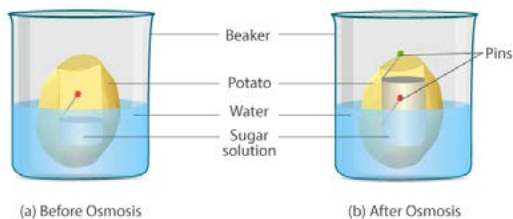


Building electrical circuits



Osmosis in potato cells

POTATO OSMOSCOPE



Investigating electrical conductors and insulators



MATH

This is just a snippet of what our Cleeve Meadow students have been covering this maths term.

- *Show and interpret data in a pictogram where a picture represents 2-, 5- or 10-units Answering questions about the information in tables and in scaled pictograms and bar charts. Identifying objects which have either a horizontal or vertical line. Describing 2-D and 3D shapes in terms of angles, sides and vertices.*
- *Make a reasonable estimate for the answer to a calculation. Partition two-digit numbers into tens and ones. Multiply 2, 3, 4, 5 and 8 by a multiple of 10 Use a written method to calculate multiplication of $TO \times O$. Solve word problems and reason mathematically.*
- *Count, read and write numbers to 1000 in numerals and in words. Partition three-digit numbers into hundreds, tens, ones and in other ways. Use a number line to compare and order numbers to at least 1000. Answer and ask questions about properties of numbers to solve problems.*

Cleeve Meadow students benefit from the use of **'concrete materials.'**

Studies have shown that "students who use concrete materials develop more precise and more comprehensive mental representations, often show more motivation and on-task behaviour, understand mathematical ideas, and better apply these ideas to life situations," (Hauser).

Alison Palmer, Maths Teacher



Arts & Crafts Club

This half term in the art and craft club we have been learning about a Post-Impressionist painter called Vincent Van Gogh. He was famed for his bold, dramatic brush strokes which expressed emotion and added a feeling of movement to his works. The students produced paintings inspired by one of his famous pieces called starry night and they also made a Van Gogh inspired pop up chair.

Mrs Hurmiz



What Parents & Carers Need to Know about DISCORD

AGE RATING
13+

Servers and channels marked as 'NSFW' require users to be 18 or older to join.

WHAT ARE THE RISKS?

CYBERBULLYING

Discord's easy accessibility and connectivity, unfortunately, makes it an ideal place for cyberbullying to occur – especially as audio and video streams disappear once they've ended, meaning that bullying could take place without leaving any evidence. Closed groups can also be created, giving young people the opportunity to exclude their peers or send cruel messages without adult oversight.

DIFFICULT TO MODERATE

Like many private communication apps, Discord's real-time messaging can be difficult to control. The system enables content moderation through each individual server – so different groups can set their own rules for what's acceptable, and some groups may not monitor for unsuitable content. Anything that happens in an audio or video stream is also virtually untraceable once the stream has concluded.

INAPPROPRIATE CONTENT

Discord mainly hosts private groups, making it easier for unsuitable or explicit content to be shared on channels. Pornography, racism and inappropriate language can be found in some groups. Server owners are required to add an age-restriction gate to channels where 18+ content is being shared – but this solution isn't foolproof, as the platform doesn't always verify users' ages when they sign up.

ACCESSIBLE TO PREDATORS

On many chat platforms, users can lie about their age or true identity – and Discord is no exception. Predators have attempted to abuse the platform by using it to contact and communicate with underage users – by initially chatting with a child on an age-appropriate channel, for example. While Discord has improved its safety settings, some users will still try to bypass them for malicious reasons.

CRIMINAL ACTIVITY

Discord does have strict Terms of Service and Community Guidelines to protect its users – but, sadly, not everyone adheres to them. Criminal activity including grooming, hate speech, harassment, exploitative content, doxing and extremist or violent material have all been found on Discord servers over the last two years. In 2020, Discord received almost 27,000 reports of illegal activity on the platform.

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Discord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discord. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they've joined and reviewing some of their friends and direct messages. Ask if anything has made them feel uncomfortable or unsafe. Things can change quickly online, so plan routine check-ins and follow up frequently.

EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are flagged as NSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age filtering is important and that it's there to protect them.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity offered by the internet often leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or exchanging inappropriate material online can have in the real world.

SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to filter direct messages for inappropriate content: a setting that should be enabled if your child uses the platform. Discord automatically tries to flag images that are explicit, but the setting must be manually enabled for text. If a young user is sent explicit content in a direct message, Discord will scan and (if necessary) delete it.

HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like grooming, pornography, racism or explicit content with your child – but it's important to ensure they're aware of the harms these things can pose. Talking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere else online).

Meet Our Expert

Coral Cripps is a Canadian-born, London-based tech journalist at gmw3.com: a website specialising in all things Web3, gaming and XR (extended reality). With a focus on brands and culture, she researches and writes about the ways that our current innovations – including the metaverse and Web3 – are impacting people, places and things.



National
Online
Safety®

#WakeUpWednesday

Sources: <https://www.defendyourmind.com/blog/dangers-of-discord-5-steps-to-guarding-teens-on-popular-chat-app/> <https://support.discord.com/hc/en-us/articles/discord-is-a-haven-for-gamers-and-sexual-exploitation/> <https://vokai.com/discord-deleted-thousands-of-violent-extremist-and-crim-156623284>

Update from the Eco-Committee

Our recycling bins have finally arrived at Cleeve Meadow! The Eco-Committee wrote to the Waste and Recycling department at Bexley Council with a request and we were fortunate enough to receive recycling bins for paper & cardboard, plastic & metal, food compost and garden waste.

Every classroom now has a blue bin for paper and cardboard recycling and a grey bin for plastics, cans and tin foil etc. Other key areas around school like the photocopier and playground also have recycling bins.

Some members of the Eco-Committee helped to distribute these around school and we have been really impressed with how well staff and students are using them! Baloo even got involved too! It has been amazing to see how much paper and plastic bottles in particular we throw away!

So, a big well done to everyone and please keep it up! The Eco-Committee have all agreed to empty these new bins regularly, so a big thank you to them too!



This is a big step towards reducing the amount of landfill waste that we, as a school, produce and make a positive impact on the environment! Hopefully, this will also go in our favour to achieve our Eco-Schools Green Flag Award by the end of the year!

Mrs Southby



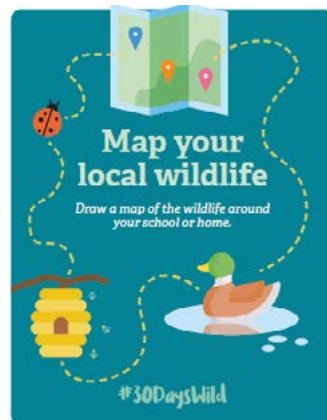
June sees us inviting you to take part in #30DaysWild... an opportunity to get out and about, enjoy nature and appreciate everything... wild!

The wall chart below can be used to record your 'wild' acts, which could be something small like going on a sensory walk, exercising your photography skills or finding natural objects to make a picture to something much bigger like planting a new flower bed or calculating your carbon footprint! **You can print off a full size copy here.**

Take a look at the #30DaysWild activity cards, the sensory bingo ideas on the next page or try some of your own. They don't have to be big, but they'll make a big difference to your wellbeing and that of the environment! For more inspiration visit: <https://www.wildlifewatch.org.uk/things-do> and you can record and share your wild activities on the digital calendar: <https://30dayswildcalendar.wildlifetrusts.org/register>

We'd love to see how you have been keeping wild, so do take some photos to share with us! Our Eco-Committee is interested to see how our students are considering the environment while they are at home as well as at school! Have fun, keep safe and stay wild!

Mrs Southby



Use this wallchart to log your daily activities as you complete them or plan your 30 days in advance. You can even get creative with your entries - draw, paint, and stick on your wild findings throughout the month! **Make sure to share your photos on social media using #30DaysWild**

Ready to spend

#30DaysWild?

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Big Wild Weekend 19		20	21
22	23	24	25	26	27	28
29	30					

#30DaysWild badge

We've worked with Pawprint Family to bring you an exclusive embroidered #30DaysWild badge. Get your hands on one at wtru.st/30dw-badge-22



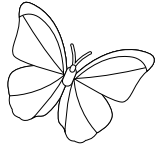
The
Wildlife
Trusts



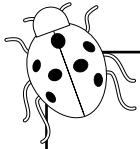
EMPOWERING
BLIND
CHILDREN
YOUNG ADULTS



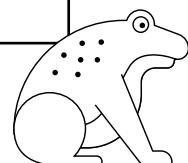
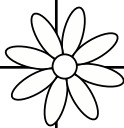
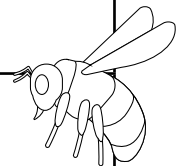
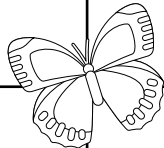
Sensory bingo!

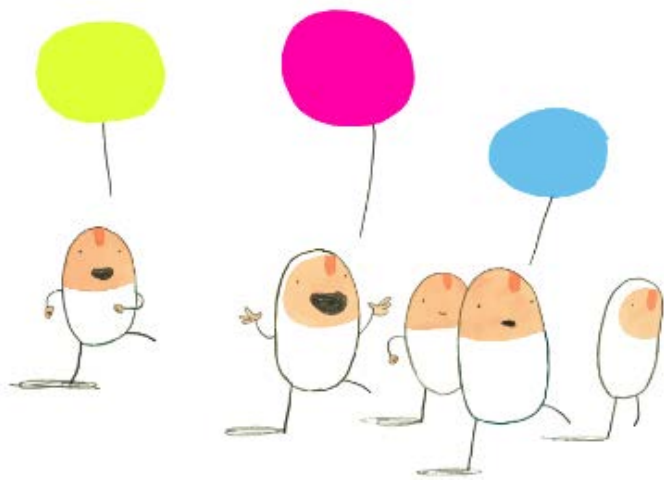


We've worked alongside sight charity VICTA to create this activity to encourage a sensory adventure! See how many of these you can cross off.



Hear the wind	Hear flowing water	Feel the length of a hedge	Hike a nature trail	Make a sensory nature basket
Feel a spiky leaf	Hug a tree	Splash in a puddle	Feel soil	Identify a bird's song
Let sand or soil fall through your fingers	Feel the bark of a tree	Feel a crunchy leaf	Smell freshly cut grass	Hear a swan
Smell a daisy	Feel moss	Explore a fallen branch	Find something soft in nature	Hear a buzzing bee
Find five of the same thing	Feel a smooth rock	Hear a duck	Smell a wild herb	Hear a frog





THE BIG PLASTIC COUNT

GREENPEACE * EVERYDAY PLASTIC

The Eco-Committee asks you to take part in an important national investigation!

The Big Plastic Count is the UK's biggest ever investigation into household plastic waste. By counting your household plastic waste packaging for a week, we will help tackle plastic pollution.

For a week, please count the plastic waste you and your family produce. This isn't about rating your recycling habits, so don't feel embarrassed by how much you throw away. Everyday plastic is hard to avoid. That's what we want to change. By taking part in The Big Plastic Count, you and your family are part of the solution.

Count every piece of plastic as you throw it away, making a tally mark on the My Tally Sheet that every student has received already (there is a copy on the next page

as well). At the end of the week, **record your results online**, via the link in the students' Science Google Classroom. More information is also in Google Classroom and at www.thebigplasticcount.com.

Mrs E Southby
Eco-Coordinator

It's ridiculous that we're still swamped with plastic waste when it makes so many of us furious. The natural world can't cope with it, and we need to find out what's really happening to plastic that's supposedly recycled. That's why I'll be joining the Big Plastic Count - let's do this!



Chris Packham
Wildlife TV presenter & conservationist

Having counted my plastic waste for an entire year, I know how powerful this investigation can be in helping to understand the true extent of the plastic problem. The Big Plastic Count is a simple yet impactful way to discover your household plastic footprint, whilst contributing vital evidence to push the government for long overdue change.



Daniel Webb
Founder Everyday Plastic

KIDS
against
PLASTIC



THE BIG PLASTIC COUNT

LET'S COUNT!

TALLY SHEET

Tally all the plastic packaging everyone at home throws away by matching it with the types of plastic below. At the end of the week, count up the total number of plastic items thrown away from each category.

Tick off the days as you count your plastic:

☐ M ☐ T ☐ W ☐ T ☐ F ☐ S ☐ S




Name:




FOOD & DRINK

	Small bottles (up to 500ml) (water, soft drinks, sauces etc.)	Total
	<input type="text" value="e.g. "/>	<input type="text"/>
	Large bottles (over 500ml) (water, squash, cooking oil, milk etc.)	
	<input type="text"/>	<input type="text"/>
	Hard plastic caps and lids (from bottles, cartons, jars etc.)	
	<input type="text"/>	<input type="text"/>
	Peelable film lids (from soft fruits, fish, falafels, dips etc.)	
	<input type="text"/>	<input type="text"/>
	Fruit and veg trays, pots and their hard lids (berries, grapes, stir fry, tomatoes etc.)	
	<input type="text"/>	<input type="text"/>
	Fruit, veg and salad bags, wrappers and nets (salad, bananas, cucumber, lemons etc.)	
	<input type="text"/>	<input type="text"/>


	Black pots, tubs and trays (ready meals, chilled foods, cooked meats etc.)	Total
	<input type="text"/>	<input type="text"/>
	Pots, tubs and trays (yoghurt, dips, butter, pastries, meat etc.)	
	<input type="text"/>	<input type="text"/>
	Snack bags, packets and wrappers (crisps, biscuits, cereal bars, chocolate etc.)	
	<input type="text"/>	<input type="text"/>
	Other hard food and drink packaging (coffee pods, plastic corks, polystyrene cups etc.)	
	<input type="text"/>	<input type="text"/>
	Other soft food and drink packaging (rice, bread bags, frozen peas, cling film, cheese etc.)	
	<input type="text"/>	<input type="text"/>


CLEANING & TOILETRIES

	Small bottles (up to 500ml) (hand wash, shampoo, washing up liquid etc.)	
	<input type="text"/>	<input type="text"/>
	Large bottles (over 500ml) (toilet cleaner, bleach, surface cleaner etc.)	
	<input type="text"/>	<input type="text"/>
	Pots, tubs and tubes (moisturiser, sunscreen, laundry tablets etc.)	
	<input type="text"/>	<input type="text"/>

	Squeezy tubes (toothpaste, make-up, skincare cream etc.)	
	<input type="text"/>	<input type="text"/>
	Other hard cleaning and toiletries packaging (toothbrush packs, razor packs, mascara etc.)	
	<input type="text"/>	<input type="text"/>
	Other soft cleaning and toiletries packaging (toilet roll wrap, dishwasher tabs, wet wipes packs etc.)	
	<input type="text"/>	<input type="text"/>

EVERYTHING ELSE

	Other hard plastic packaging (plastic packaging for toys, tech, stationery, DIY etc.)	
	<input type="text"/>	<input type="text"/>

	Other soft plastic packaging (carrier bags, bubble wrap, clothes packaging etc.)	
	<input type="text"/>	<input type="text"/>

Not sure where to put an item?

Check out our Plastic ID Page: thebigplasticcount.com/help

For more information visit thebigplasticcount.com



Our Eco-Committee has been busy since the beginning of the year working on the Eco-Schools Green Flag Award. This has involved a huge amount of work that is continuing this term. It is a seven step process:

1. **Forming the Eco-Committee, holding meeting and keeping minutes**
2. **Conducting an Environmental Review of our school**
3. **Creating an Action Plan, using the review, to become more environmentally friendly and aware**
4. **Making links within the curriculum to environmental projects and issues**
5. **Informing and Involving members of the school community about the environmental actions we have been undertaking**
6. **Monitoring and evaluating the impact of our aims from the action plan**
7. **Forming an Eco-Code which we, as a school, will follow**

For our Action Plan, we needed to choose three of the ten topics to focus on. Our Environmental Review did highlight some areas where we can really take action and make a difference in how Cleeve Meadow can be more eco-friendly.

Therefore the three areas we chose to work on are:

<p>1. Waste - aim to reduce waste and litter</p> 	<p>2. School Grounds - aim to develop the school garden area</p> 	<p>3. Biodiversity - aim to encourage wildlife within school grounds</p> 
---	---	---

We have already been putting a variety of actions into practice, with the help of other members of our school community, including the site-reps, gardening club, Mr Iveson and many more, as well as making links with various topics in students' lessons. As we move into the final part of the year, we will be writing our school Eco-Code, which we look forward to sharing with you all, and submitting our application for the award!

Mrs Southby

What Parents & Carers Need to Know about CROSS-PLATFORM SHARING OF INAPPROPRIATE CONTENT

WHAT ARE THE RISKS?

Creepy characters like Slender Man or Huggy Wuggy. Dangerous online challenges. Songs or videos that aren't suitable for youngsters. When things like these begin trending online, it can be difficult to prevent children accidentally stumbling across them – especially if they use a range of platforms, like online games, social media, streaming sites or messaging apps. A trend can originate in one online space and rapidly spread to other platforms or via chat apps. The frightening Huggy Wuggy character, for instance, first emerged as part of a game on Steam; now there are parody songs on TikTok, videos on YouTube and more than 45,000 results for #huggywuggy on Instagram.

UNSUITABLE VIDEOS AND IMAGES

Anyone can upload footage to a video-sharing platform, which has resulted in clips that appear age-appropriate but actually aren't so innocent. The audience for Peppa Pig, for instance, is very young – but there have been reports of Peppa cartoons with extreme violence spliced into them. Likewise, footage of the razor-toothed game character Huggy Wuggy has been inserted into numerous child-friendly videos (even on YouTube kids), scaring many young viewers.

INAPPROPRIATE LANGUAGE

On a similar theme, there is always the possibility that user-uploaded video content could include language which really isn't suitable for children. The on-screen imagery may look child friendly, but if your child is wearing headphones, then you'll remain unaware of what is being said: some videos have featured songs containing explicit language or characters graphically describing violence.

COPIES OF LIVE STREAMS

Social media and messaging apps can inadvertently spread extremely harmful content very quickly. Footage of violent attacks (such as the recent Buffalo supermarket shootings) can often be viewed on multiple platforms as people start to share the video. Moderators try to react swiftly to remove upsetting content, but the rate at which it goes viral makes it difficult to prevent the spread completely.

ACCIDENTAL EXPOSURE

Even if your child doesn't have access to social media platforms or video-streaming platforms (where the majority of issues arise), they might still use messaging apps to communicate with family and friends. There is always going to be a risk, therefore, of them seeing something which isn't child friendly; either shared by one of their peers or sent accidentally by a relative.

Advice for Parents & Carers

USE SAFETY FEATURES

Enable safety settings like Google SafeSearch and the optional restrictions on video-sharing platforms like YouTube. Whenever possible, stick to YouTube Kids for young children, as the software will help to filter out unsuitable content. Remember that filters aren't always enough to block all inappropriate material – especially when child-friendly videos have been edited maliciously.

LESS IS BEST

Manage the number of online platforms your child has access to, based on their age and maturity. Just because their friends use a certain game or app, it doesn't mean your child must have it too. Follow the age guidelines for games and apps, and check regularly that privacy settings are in place.

KEEP IT COMMUNAL

Encourage your child to stay in a communal family space when they're watching videos or playing online games on their devices – without headphones, if possible. This will make it far easier for you to keep one eye (and ear) on what they are seeing and hearing while they're online.

AVOID FAN-MADE CONTENT

If your child watches cartoons and shows on YouTube, spend time with them making a playlist of videos that you're comfortable with them watching. Always source videos from official channels, as opposed to fan-made content: you can never be completely confident about material that another user has created or uploaded.

REACT CALMLY

If you hear or see anything unsuitable on your child's device, calmly ask them to turn off the game or video in question. Explain that they haven't done anything wrong, but that you didn't like what you saw or heard and you would much rather they watched or played something else instead.

SUPPORT AND REASSURE

Remind your child regularly that *anyone* can post *anything* online – and that not everything online is real. If your child is sent something that scares or worries them, ask them to show you. Watch it alone (to avoid unnerving them further), then praise them for coming to you and talk about what upset them. Recommend a break from their device to do something which helps them feel calm and happy.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and sexting behaviours of young people in the UK, USA and Australia.

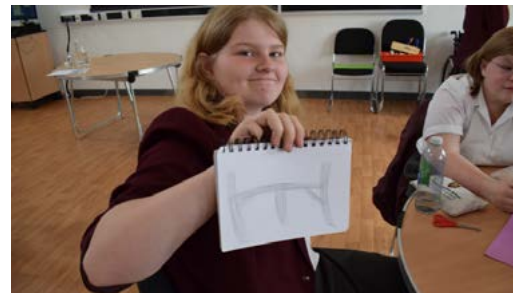


National Online Safety

#WakeUpWednesday

Sources: <https://www.tiktok.com/@parenting/youtube-fail-makes-peppa-pig-swear-like-a-sad-horse-story?iscid=source&source=share>

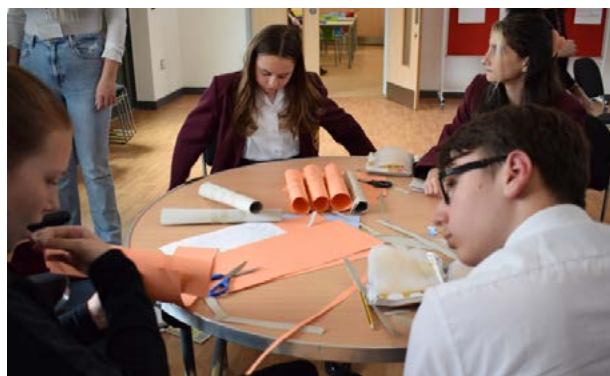
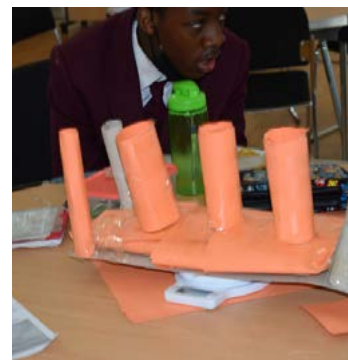
IMechE 175 1847-2022 Institution of MECHANICAL ENGINEERS



Cleeve Meadow students had an exciting morning with the IMechE team for STEM day.

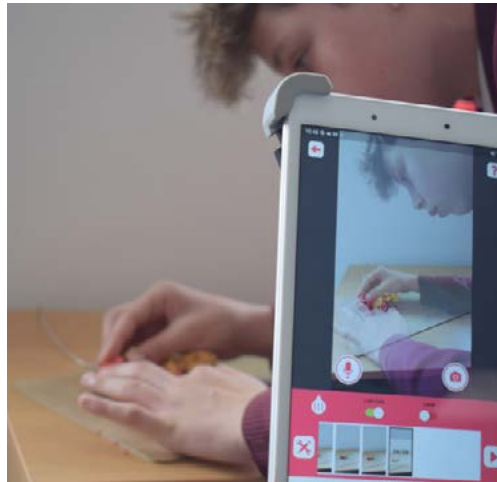
STEM day stands for Science, Technology, Engineering and Mathematics. IMechE and the BAE System company joined together to create a session for all our students to work together in groups to make bridges, moving cars and towers with equipment supplied such as card, tape, lollipop sticks, elastic bands, blue tac and weights.

The idea was for students to come together as a team, plan and design their builds and see how their creations came to life. As you can see by the pictures, the students made some excellent designs.



MEDIA CLUB

This term the Media Club has been learning about 'Stop Motion Animation'. Students have been making armatures (metal frames) and covering them in plasticine. They then set up miniature recording studios and filmed their models, moving the one frame at a time and using the Media Tablets to take the pictures. There are some examples of their animation on the website under Enrichment / Media Club.



Cleeve Meadow to Shakespeare's Globe

What a fun day it was - 22nd April!

A group of 13 students, accompanied by staff members, made Cleeve Meadow's first school trip to central London. On our way to the Globe from London Bridge, our students had the opportunity to see Borough Market, Clink Prison Museum and a glorious graffiti of Shakespeare.

Since Cleeve Meadow is studying Shakespeare this term, the English Department organised a trip to the Globe to give students a chance to see what it is like inside the Globe and how it was to have been a "groundling" in Shakespearean times.

Before we were admitted to the tour in the Globe, our lovely Head Teacher, Mrs Morris introduced us to Tate Modern, which is right next to the Globe. Warmed up with Tate, our students met the tour guide and he was just the right man for the job with his wit and sense of humour.

We could not express the feeling we had when we first saw the Globe and climbed up its wooden stairs with creaking sounds, it was mediaeval times all over again! It was colossal, well-preserved and renovated without distorting the ambience. In addition to this, all the information we received from our guide blew us away each time, plus he knew how to sell it.

After lunch by the River Thames, we headed back to our school with our well-behaved and mature students. They shared their knowledge of Shakespeare and Globe with their friends the following week.

This was an informative, fun and educational trip that we all enjoyed to its smithereens and many more to come.

Stay tuned Meadowettes.

Mr Arslan





Year 9 Trip to Woodlands Farm

Year 9 were lucky to enjoy a morning at Woodlands farm learning about careers in farming and the farming industry. From Cows to sheep to guinea pigs the students learned how to care for them but also how the farm runs on a day to day basis. We saw a cow called Snowdrop having her check up with the Vet, met the sheep and their lambs on the field and Bob the pony grazing. The students even got to hold and stroke the resident guinea pigs. We had such a fun morning and definitely came away with lots of interesting facts and career ideas.

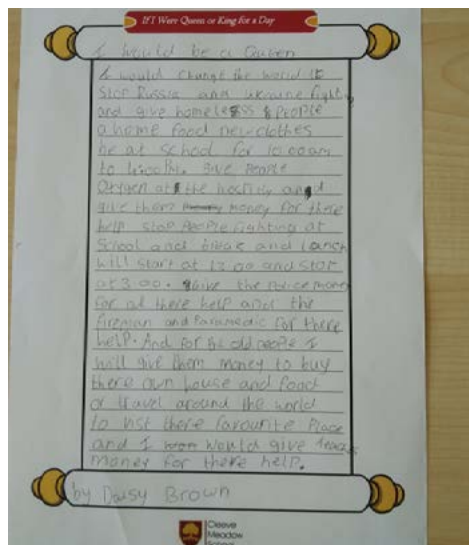
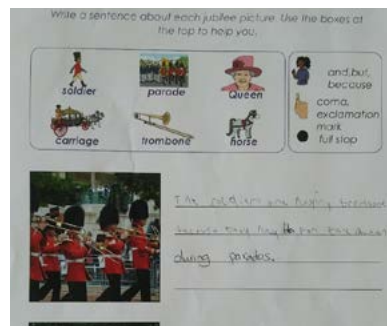
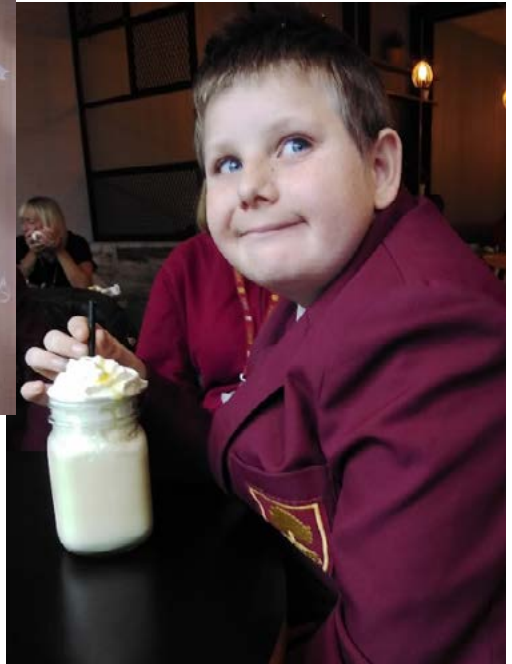
Mrs Bakewell, Careers



Super goal week

Students took part in a Super goal week from 17th May to 21st May, students took part in a Super goals week where they were put into groups, based on their super goals to complete different activities.

The activities included music, computer game design, cooking, health and beauty, stop motion, shopping, sport, creative writing and a trip to Ruxley. Students worked really hard on their activities and the students who went on trips out in the community were a real credit to Cleeve Meadow.



Bike Project

Cleeve Meadow students refurbish bikes and give to a local charity.

At the start of May five proud students and two proud members of staff delivered our 8 first fully refurbished bikes to 'The Bike Project' in Deptford.

Students have been working hard with our bike guru Mr Greenwood to completely strip back old bicycles and put them back together again in full working order. The Bike Project will now be able to donate these bikes to members of the local community who do not have the money to pay for bikes and local refugee charities.

Thank you to any parents that have kindly donated their old bikes, please keep them coming. We are immensely proud of the work our students have managed to achieve and the new skills they have learnt through this project.



Hair and Beauty Club

This half term we have been looking at different nail shapes and how to create them, the students have all chosen to start with the square nail shape. We glued these to a pre-made by hand using nail glue, the student then watched a few tutorials on how to create the perfect square shape on a fake nail, Mrs Hoadley then demonstrated step by step for the students to repeat. Each student was given a fake pre-made hand and stuck the fake nails on each finger, each student was given their own nail file and started to file each nail into a square shape nail.



Once the students have completed this they will then go onto designing each nail with their chosen nail art using nail varnish and nail art paint pens.

Mrs Hoadley



We are currently working with Cleeve Meadow students to create a summer performance around a topic of their own choice.

Themes generated by the students have included, poverty, suffering, war, starvation, greed, wealth and the right to fight and defend what is most important to protect.

The students have created a piece of dialectic theatre based on the play Mother Courage And Her Children by Bertolt Brecht. They have had lots of fun working together and learning theatre skills to devise a fantastic performance that will both entertain and hopefully educate.

Unfortunately as adults we cannot prevent our young people from hearing about the recent horrors of the Ukraine War. But what we can

all do as teachers and educators is provide them with a platform to listen to their views and express their perspective, hopefully generating a compassionate and empathic response and a moral sense of what is right and wrong.



Brecht began writing the play Mother Courage work on the day the Nazi army occupied Warsaw. He had watched as fascism took hold of broad sections of the German populace, and Hitler's fascists prepared for war.

As events unfold around the world, the necessity of the arts becomes one of urgency as a space to reflect, change and repair. The work of Brecht is as relevant now as it was during the second world war and If war and love will always find a way then so will the arts!!!

Our young people are amazing!

Cherie Hughes and Sasha Wilson

Gardening Club

Our gardeners have been very busy this term. They have planted different kinds of vegetables and have kept the school grounds looking beautiful. Seeds were planted in the Spring term and to the astonishment of the students, the seeds transformed into plants. The students learnt the techniques of repotting and once the plants outgrew the pots, they then planted them in the soil. The lettuce and chard are ready to be picked and all students will be involved in making a salad for the school canteen. The students have really enjoyed being outdoors and have learnt many new skills. They are now reaping the rewards of all their hard work.

Mrs Simmons



NSPCC Resources for Parent and Carers

- NSPCC helpline on 0808 800 5000 or help@nspcc.org.uk
- Support for parents hub at www.nspcc.org.uk/keeping-children-safe/support-for-parents
- PANTS www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/
- Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- Keeping Children Safe Online blog - Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog. www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog
- Look, Say, Sing, Play early years resources to share and use with parents at <https://learning.nspcc.org.uk/research-resources/leaflets/look-say-sing-play-early-years-resources-parents>

Autism. What's that all about then? a Coffee morning with Emma Dalmayne

Autistic Campaigner and Author Emma Dalmayne joined us recently at a coffee morning for parents and carers.

Emma shared her personal experience of being autistic and a parent to autistic children. Emma is a well-known representative of the autistic community who often pops up in media interviews and news programmes using her voice to speak up for autistic individuals, she advocates the importance of autistic led organisations.



Emma runs the local group Autistic Inclusive Meets in Woolwich for parents and young people and was a consultant on the wonderful film The reason I Jump currently available on the Disney Plus Channel which documents the autistic experience of amazing individuals from around the world.

The morning was a relaxed and inspiring gathering where parents and carers spoke about autism related topics including diagnosis, sensory issues, meltdowns, and the serious concerns and misconceptions around autism 'cures'.

For more information on Emma Dalmayne and her working within the community, check out www.autisticinclusivemeets.org

Thank you Emma for your great session and thank you to all the parents and carers who attended.

We look forward to more sessions with Emma in the future

Mrs Hughes, Wellbeing Lead



Cleeve Meadow School

020 8269 6523

enquiries@cleevemeadow-tkat.org

www.cleevemeadow-tkat.org