

The Carnegie Centre of Excellence for Mental Health in Schools

School Mental Health Award



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The Carnegie Centre of Excellence for Mental Health in Schools

The UK's First University Centre for
Mental Health in Schools

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Why?

- At least 250,000 children in England's schools have an identified mental health need.
- It is the second most common special need.
 - where children have more than one need, mental health is likely to be the second need.

How many more children have mental health needs but are not formally identified?

So what?

- Those with mental health needs are the group most likely to miss school.
- These children have the highest 'unauthorised absence' rate.
- Nearly 20% have at least one school exclusion, the highest of any group. This is likely to be for disruptive behaviour or verbal and physical violence.
- Often children with mental health needs are excluded with no alternative education in place.

So what?

“Pupils who have social, emotional and mental health needs as their primary type of need are the **most likely** to also be eligible for free school meals.”



15/16 Annual Report

“The most common type of need for **looked after children** was ‘Social, Emotional and Mental Health’ – 37.1% of looked after children with a statement or EHC plan had this type of need.”

- DFE SEND analysis, May 2017

“Pupils with primary type of need ‘Social, emotional and mental health’ (SEMH) have:

- the **highest permanent exclusion.**”
- the highest percentage of enrolments with **one or more fixed period exclusion.**”
- DFE SEND Analysis, May 2017

So what?

- Only 24% of children with mental health needs leave primary school with the required reading, writing and maths. This is less than half as many as all children.
- Children with mental health problems make much slower progress than they are expected to.
- By the end of secondary, the percentage of children with mental health difficulties obtaining good exam results is less than half that of the average child.

What can we do as a school to further support both pupils and colleagues

The Carnegie Centre of Excellence for Mental Health in Schools has developed the School Mental Health Award to give schools a framework for whole school mental health development, whatever a school's starting point. Schools embracing the award will demonstrate a deep commitment to working towards excellent practice by making mental health and wellbeing a part of their core business. Schools will translate their school's mission, vision and values into policies, processes and practice which bear out their commitment to having a rich whole school culture where all members of a school community thrive

Why apply for the School Mental Health Award

The award aims to:

- Improve our overall school environment to strengthen the mental health of pupils, staff and parents
- Reduce the risks of future mental health difficulties impacting on the future lives of our pupils
- Enable and enhance the full potential of all pupils
- Ensure our school is using evidence-based approaches that align to professional and government guidelines
- Provide a developmental framework so our school can make realistic improvements in the mental health of our pupils, staff and community

How the award works

- Your school will submit evidence against the awards competency framework and will receive ongoing coaching support from the allocated assessor.
- There are 8 themes within the award which include:
 - Leadership and strategy
 - Organisational structure and culture – staff
 - Organisational structure and culture – pupils
 - Support for staff
 - Staff professional development and learning
 - Support for pupils
 - Working with parents and carers
 - Working with external services

The themes are evidenced against the 5 E's Continuum of Exploring, Emerging, Embedding, Embracing, Excelling

- The school will be awarded the Bronze, Silver or Gold Award dependant on the evidence submitted and will receive a plaque to display in school, a certificate, award logo to display on the school website and appear in the Carnegie Centre of Excellence for Mental Health in Schools Award Hall of Fame

The impact of achieving the award

Achieving Carnegie School of Education School Mental Health Award offers public recognition and demonstrates your school's commitment to:

- Providing a culture and environment that maximises our pupils' academic attainment and staff job satisfaction
- Improving pupils' and staff self-confidence, self-awareness, resilience and emotional intelligence
- Building a stronger society and enabling better futures for our pupils by reducing the risk that mental ill-health brings later in life
- Reducing bullying, discrimination, violence and enhancing conflict resolution skills
- Reducing exclusions and young adults who are NEET
- Promoting social inclusion, equality, diversity, dignity and respect
- Improving recruitment and retention of high quality staff

Further information

The colleague who has been identified as leading the achievement of the award is:

For further information about the Carnegie Centre of excellence please visit:

www.leedsbeckett.ac.uk/schoolmhealth

Or follow us on twitter @Schoolmhealth