

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Chicken Shawarma Flatbread Paprika Potato Wedges House Slaw	CHINESE Five Spiced Beef Beggars Noodles Peas	BRITISH Roast Pork with Stuffing and Apple Sauce Roast Potatoes Seasonal Cabbage Carrots Gravy	INDIAN Chicken Tikka Masala Rice Cucumber Raita	BRITISH Home-made Battered Fish Fillet Chips Baked Beans OR Peas
HIGH STREET FAVES	DEEP SOUTH DINER BBQ Pulled Beef Brisket	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	DEEP SOUTH DINER Beef Burger	WINGS & THINGS Texas BBQ Chicken	DEEP SOUTH DINER New York Hot Dog
	Feta and Potato Frittata	Mac 'N' Cheese	Sweet Potato & Squash Casserole	Boston Bean Pot	Veg & Bean Quesadilla
	New Orleans Red Bean Rice *	Garlic Bread*	Chipotle Potato Wedges	Layered Potato Bake	Chips
	Southern Greens	Chop Chop Salad	Corn on the Cob	House Slaw	Sweetcorn
SPEEDY ITALIAN	Veggie Supreme Pizza (v)	3 Cheese Sicilian Pizza (v)	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)
	Veg Bolognese Pasta (v)	Arrabiata Pasta (v)	Chunky Vegetable Pasta	Beef Bolognese	Herby Tomato Pasta (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				

GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p style="text-align: center;">BRITISH Cheese, Tomato and Potato Bake</p> <p style="text-align: center;">Carrots and Peas</p>	<p style="text-align: center;">CHINESE Lemon and Ginger Chicken</p> <p style="text-align: center;">Wholegrain Rice *</p> <p style="text-align: center;">Wok Tossed Oriental Vegetables</p>	<p style="text-align: center;">MEDITERRANEAN Spanish Beef Hash</p> <p style="text-align: center;">Garlic and Herb Bread</p> <p style="text-align: center;">Lemon and Garlic Broccoli</p>	<p style="text-align: center;">JAPANESE Teriyaki Chicken thigh</p> <p style="text-align: center;">Japanese Noodles</p> <p style="text-align: center;">Pickled Cucumber Salad</p>	<p style="text-align: center;">BRITISH Home-made Battered Fish Fillet</p> <p style="text-align: center;">Chips Baked Beans OR Peas</p>
HIGH STREET FAVES	<p style="text-align: center;">DEEP SOUTH DINER Chipotle BBQ Pork</p>	<p style="text-align: center;">WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p style="text-align: center;">DEEP SOUTH DINER Piri Piri Pulled Pork Burger</p>	<p style="text-align: center;">WINGS & THINGS Marinated Chicken Wrap</p>	<p style="text-align: center;">DEEP SOUTH DINER Creamy Fish Pasta Bake ***</p>
	<p style="text-align: center;">Quorn Sausage Pattie & Cheese Bun</p>	<p style="text-align: center;">Smoky Cauliflower Cheese</p>	<p style="text-align: center;">Louisiana Bean Pot</p>	<p style="text-align: center;">Mac 'N' Cheese</p>	<p style="text-align: center;">Corn, Black Eye Bean and Feta Soft Taco</p>
	<p style="text-align: center;">Paprika Potato Wedges</p>	<p style="text-align: center;">Garlic and Herb Bread*</p>	<p style="text-align: center;">Fajita Potato Wedges</p>	<p style="text-align: center;">Cajun Potato Wedges</p>	<p style="text-align: center;">Mississippi Rice *</p>
	<p style="text-align: center;">Red Slaw</p>	<p style="text-align: center;">BBQ Beans</p>	<p style="text-align: center;">Sweetcorn</p>	<p style="text-align: center;">Apple Slaw</p>	<p style="text-align: center;">Crunchy Salad</p>
SPEEDY ITALIAN	<p style="text-align: center;">Veggie Hot One Pizza (v)</p>	<p style="text-align: center;">Cajun Chicken Sizzler Pizza</p>	<p style="text-align: center;">Veggie Supreme Pizza (v)</p>	<p style="text-align: center;">Bacon Pizza</p>	<p style="text-align: center;">Sicilian Cheese & Tomato Pizza (V)</p>
	<p style="text-align: center;">Arrabiata Pasta (v)</p>	<p style="text-align: center;">Herby Tomato Pasta (v)</p>	<p style="text-align: center;">BBQ Chicken Pasta*</p>	<p style="text-align: center;">Beef Bolognese</p>	<p style="text-align: center;">Italian Chicken Pasta</p>
	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>
	Wholegrain * Oily Fish ***				

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>THAI Thai Yellow Vegetable Curry</p> <p>Wholegrain Rice *</p> <p>Lightly Spiced Sweetcorn with Lime</p>	<p>MEDITERANNEAN Chicken Gyros</p> <p>Crunchy Salad</p>	<p>MEXICAN Chipotle Beef Chilli</p> <p>Creamed Potatoes</p> <p>Roasted Vegetables</p>	<p>CARIBBEAN Trinidad Chicken Rice</p> <p>Orange and Cumin Roasted Carrots</p>	<p>BRITISH Home-made Battered Fish Fillet</p> <p>Chips</p> <p>Baked Beans OR Peas</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Cheese Burger</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p>DEEP SOUTH DINER BBQ Chicken Mac N Cheese</p>	<p>WINGS & THINGS Cajun Pulled Pork & Bean Pitta</p>	<p>DEEP SOUTH DINER Smoky Chicken Wrap</p>
	<p>Butternut Squash Feta Bake</p>	<p>Vegetable Chilli</p>	<p>Cajun Vegetable Burrito</p>	<p>Cauliflower and Creamed Corn Bake</p>	<p>Feta and Chickpea Cake with Salsa</p>
	<p>Chipotle Potato Wedges</p>	<p>Golden Rice & Beans</p>	<p>Baked Garlic & Herb Potato Wedges</p>	<p>Paprika Potato Wedges</p>	<p>Mexican Yellow Rice *</p>
	<p>Chop Chop Salad</p>	<p>Southern Greens</p>	<p>Crunchy Raw Slaw</p>	<p>BBQ Beans</p>	<p>Tomato, Red Onion and Lentil Salad</p>
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v)</p>	<p>3 Cheese Sicilian Pizza (v)</p>	<p>Mushroom & Sweetcorn Pizza (v)</p>	<p>Sicilian Cheese & Tomato Pizza (V)</p>	<p>Chicken Supreme Pizza</p>
	<p>Cheesy Penne Pasta (v)</p>	<p>Neapolitan Beany Pasta</p>	<p>Herby Tomato Pasta (v)</p>	<p>Carbonara Pasta</p>	<p>Beef Bolognaise</p>
	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>
	Wholegrain * Oily Fish ***				